



**A Plus Child Behavioral Corp**  
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## **BEHAVIOR THERAPY SERVICES - ABA**

### **About Us**

A Plus Child Behavioral Corp is an agency comprised of ABA Behavior Therapists, Board Certified Behavior Analysts (BCBA), Registered Behavior Therapists, and a dedicated administrative team who work together to provide Applied Behavior Analysis (ABA) Therapy services for children of all ages with Autism spectrum and other behavior issues.

We specialize in providing intensive, individualized one-to-one treatment rooted in the principles of ABA in order to meet our clients' needs. Our treatment plans focus on increasing skills that will lead to increased opportunities, involvement, and independence while simultaneously decreasing problem behavior and other barriers to learning.

### **What is Applied Behavior Analysis**

Applied Behavior Analysis (ABA) is an evidence-based science in which behavior modifications are systematically applied to improve socially significant behavior to a meaningful degree. We provide ABA therapy services for individuals with qualifying diagnoses.

ABA focuses on improving specific behaviors, such as social skills, communication, reading, and academics as well as adaptive learning skills, such as fine motor dexterity, hygiene, grooming, domestic capabilities, punctuality, and job competence.

ABA is effective for children and adults with behavioral disorders in a variety of settings, including schools, workplaces, homes, and clinics. It has also been shown that consistent ABA can significantly improve behaviors and skills and decrease the need for special services.

We strive to educate parents and caregivers to assist our clients in generalizing the behavioral plan in all aspects of their lives to promote long-term success. We manage and reduce problem behaviors such as:

- • Aggression
- • Self-injurious Behavior
- • Property Destruction
- • Stereotype Behaviors
- • Elopement
- • Hyperactive/Disruptive Behaviors
- • Tantrums
- • Inappropriate Social skills
- • And many more

### What to Expect

When working with an ABA therapist, you will:

1. Determine which behaviors require a change
2. Set goals and expected outcomes
3. Establish ways to measure changes and improvements
4. We evaluate where you are now
5. Learn new skills and/or learn how to avoid negative behaviors
6. Regularly review your progress
7. Decide whether or not further behavior modification is necessary

The length of time spent in ABA depends on the severity of the problem and individual rate of improvement.

### Skills that are Taught

1. Communication and language building
2. Adaptive and self-care skills
3. Attending and social referencing
4. Cognitive functioning
5. Community participation
6. Coping and tolerance skills
7. Emotional development
8. Sibling relationships
9. Play and leisure skills
10. Pre-Academic Skills
11. Reduction of problematic behaviors
12. Safety skills